

Assignment 2 – Spiritual Awakening (Step 12)

1. Start reading and highlighting your BIG BOOKS. We start from the very first title page and keep reading up to page XXIV (not including “The Doctor’s Opinion”). Consider these four questions as you read, but do NOT answer. WE WILL BE REVIEWING THIS IN WEEK 5
 - i. Is this Twelve Step process what I really want to do at this time in my journey?
 - ii. Why do I want to submit to this process at this time
 - iii. At this time am I willing to go to any lengths? What does this mean?
 - iv. In what areas of my life am I being dishonest with myself and others?

Gentle reminder: Reading two pages a day is enough! Please don’t worry about doing it all at once.
ALSO note: we always highlight when we are studying the Big Book.

2. Please read and highlight the Appendix II. Consider terms: "Spiritual Experience"/"Spiritual Awakening"/"Unsuspected Inner Resource"
3. Look up the words: “Anonymous”, “Recovered”, “Meditation”, “Prayer”, “Contemplation”
4. LISTEN to:
02. Introduction to Spiritual Awakening ([CLICK HERE](#))

Extension:

1. To prepare for next week (*if you have time*) listen to this topic **OUR WAY OF LIFE:**
YouTube – [Our Way Of Living – In the Light \(Steps Ten, Eleven and Twelve\)](#)