

Assignment 30 – Step 8 & 9

1. Review each person or institute on your amends list from last week. Have you considered the questions "What is the harm?" (*HINT: it is usually NOT what I did*). This question often needs Sponsor/Step-Guide direction.
2. Consider the specific amend you believe will address/repair the harm done; the proportional reparation. Again seek Sponsor / Step-Guide direction here.
3. Write out an "APPROACH". Note: there is a suggested script in the WOL p.67 & 68.
4. Review your script with your Sponsor/Step-Guide. If they don't have a specific experience with that type of amends consider seeking an experienced "wise person".
5. LISTEN/WATCH:
Podcast 45. Step 8 ([CLICK HERE](#))
Podcast 46. Step 9 ([CLICK HERE](#))

Extension:

1. Read and highlight Step Nine from the Twelve Steps and Twelve Traditions.