Assignment 27 – Step 6 & 7

- 1. Read and highlight the first paragraph on page 76 of the Big Book, "If we can answer...".
- 2. Make a list of your character defects. Consider:
 - a. your 4th column (qu. 9)
 - b. the FEAR table (column 3)
 - c. and your sex Inventory (qu. 8)
- 3. Did any other character defects come to your attention, as you were reading through your Fifth Step?
- 4. LISTEN/WATCH:
 - 43. Step 6 & 7 (<u>CLICK HERE</u>)
- 5. Read and highlight the second paragraph on page 76 of the Big Book, "When ready, we say...". This is the Step Seven Prayer.
- 6. Consider writing out your own prayer using your own words, and based on the principles and concepts of the Step Seven Prayer. A prayer in your own words will assist you to understand the prayer in the Big Book.
- 7. Take an accountability partner to be saying the Seventh Step Prayer with a specific defect as the focus do this for a set number of days.

Extension:

- 1. Read and highlight Step Six in the Twelve Steps and Twelve Traditions.
- 2. Read and highlight Step Seven in the Twelve Steps and Twelve Traditions.